

Transversal Skills and Wellbeing through Erasmus+ mobilities

MAIN INFO

SALTO E&T link:	https://salto-et.net/events/show/IE01_0743_THO_2025		
Sector:	VET	Priority:	Other
Scope:	Transnational		
Type of presence:	Face-to-Face	Venue country:	Ireland
Venue city:	Dublin	Working language:	English
Key Action:	KA1	TCA documents:	
Postponed:	No	E+ Academy:	No
Start date:	05.10.2025	End date:	08.10.2025
Subtopic:	newcomers mobility networking strategic partnership		

TCA DESCRIPTION

Themes and goals:	<p>Transversal Skills and Wellbeing TCA is targeted at VET organisations that are looking to explore opportunities and develop partnerships for new or expanded mobility programmes involving VET learners and staff. Participants should be planning to submit an Erasmus+ Key Action 1 proposal in response to one of the upcoming deadlines. The Transversal Skills and Wellbeing through Erasmus+ is a two-day event exploring transversal skills development as a subset of Wellbeing and self-care. These skills are important and helpful for mobility participants as they navigate their new environment and host culture. Technical learning is important, but participants are often required to use a range of skills that go beyond this. They need to be able to find their way around a new place, organise accommodation, communicate in a new language environment and work in intercultural teams. This requires a high level of transversal skills competence. These skills greatly assist the individual to settle into their placement thus enhancing the positive impact of same. A competency framework and toolkit for process-based learning will frame the work of this TCA. This seminar will also provide insights into funding opportunities for learner and staff mobility in VET, providing examples of good practice and opportunities for developing new partnership with Irish and international participants. Objectives: To equip participants with knowledge, tools and techniques to develop key transversal skills and enhance the wellbeing of their mobility participants. To improve the preparation phase of the mobility so that the learners can navigate their new environment and host culture with greater ease. To explore the positive impact of the mobility placement for participants through the promotion of transversal skills and positive wellbeing practices in the classroom. Be better positioned to work in partnership with other institutions in the design and delivery of new VET learner and staff mobility programmes in Erasmus+</p>
Expected results:	Learning outcomes: participants will understand the impact and benefit of

Erasmus+ VET mobility for the transversal skills development. participants will have tools and practices to encourage the development of transversal skills of the mobility participants. participants will have tools and techniques to use with their mobility participants for enhanced wellbeing and positive self-care. participants will know what opportunities exist for financing VET learner and staff mobility via the Erasmus+ programme

Additional information:

Arrivals evening of Sunday 5th October. The event begins on the morning of 6th October, with a full day of activities on 6th and ending at 5.30 p.m. on 7 October. Participants must be available to attend the full two days of activities, with departure 8 October

PARTNERS AND PARTICIPANTS

Organiser NA: IE01 - Léargas

Number of participants: 40

Target group: Education professionals

Erasmus+ Programme experience level: Newcomers

Profile of participants: Potential KA122 VET applicants only including: Newcomers Less Experienced Organisations Supporting organisations cannot attend.

Participants per country:

Sending partner(s) - Booked places:

AT01 - 2	BE01 - 3	EL01 - 3	ES01 - 3	FI01 - 2	IE01 - -	LV01 - 3
PL01 - 2	RO01 - 3	SI01 - 1	BE03 - 1	PT01 - 3	TR01 - 2	IT01 - 3

Pending Sending partner application(s) - Booked places:

BE03 - 1

Accepted Sending partner(s) - Accepted places:

AT01 - 2	BE01 - 3	EL01 - 3	ES01 - 3	FI01 - 2	IE01 - 15	LV01 - 3
PL01 - 2	RO01 - 3	SI01 - 1	PT01 - 3	TR01 - 2	IT01 - 3	

Pending booked places: 1

Accepted places: 45

TCA PARTICIPANT APPLICATION

Start date of TCA Participant Application:	21.05.2025	Application deadline:	02.09.2025
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Confirmation deadline for Sending NAs:	04.09.2025	Confirmation deadline for Organiser NAs:	05.09.2025
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